



DAY 1 FRIDAY 11 SEPTEMBER 2026

6:00pm - 8:30pm

Welcome Drinks & Nibbles

DAY 2 SATURDAY 12 SEPTEMBER 2026

8:00am - 8:30am

Conference Registration

8:30am - 8:45am

Conference Welcome

The People Project | Janine Tabe

8:45am - 9:00am

Introduction & Overview

Prof. Jan Radford

9:00am - 10:00am

Parkinson's Disease (PD) An Increasingly Common Problem

Dr Frank Nicklason

Understanding Parkinson's disease, its increasing prevalence, and the importance of multidisciplinary teamwork in delivering coordinated, person-centred care and improving outcomes for older Australians.

10:00am - 10:45am

Improving Access to Multidisciplinary Care in Parkinson's Disease

Prof. Michele Callisaya - ParkinsonNet

Research aiming to increase access to the multidisciplinary team for people with PD.

10:45am - 11:00am

Morning Tea

11:00am - 11:45am

**Sleep, Parkinson's and Healthy Ageing:
Recognising the Clues Before Diagnosis**

Speaker: Samantha Bramich - Sleep Scientist & Research Fellow

Recognising early sleep changes linked to Parkinson's and healthy ageing.

11:45am - 12:30pm

My Aged Care

The People Project | Cassie Scolyer & Alison Jamieson

An overview of My Aged Care, available supports, assessments, referral pathways, and practical case studies to support navigation and access.

12:30pm - 1:00pm

Panel Discussion - Q&A

Join this morning's presenters for a facilitated discussion & audience Q&A.



DAY 2 SATURDAY 12 SEPTEMBER 2026 (CONT.)

1:00pm - 1:45pm
Lunch Break

1:45pm - 2:30pm
Interactive Workshop - How do you optimise your health assessments?
Prof. Jan Radford
An interactive workshop exploring effective health assessments, practical tips, and shared insights from delegates and experienced clinicians.

2:30pm - 3:15pm
Exercise Prescribing in Adults 75+
Associate Professor Andrew Williams
Case-based presentation with participants enhancing their exercise prescribing skills

3:15pm - 3:30pm
Afternoon Tea

3:30pm - 4:00pm
Occupational Therapy - Parkinson’s Disease
Michelle Delahunty-Mortensen
Empowering Independence Through Occupational Therapy

4:00pm - 4:30pm
What are we missing? Dysphagia Risks & Communication Changes in Parkinson’s Disease in Older Adults.
Karen Clarke, Speech Pathologist
Explore the often-overlooked impacts of Parkinson’s disease on swallowing and communication, with practical strategies for early recognition and management.

4:30pm - 5:00pm
Panel Discussion - Q&A
Join this afternoon’s presenters for a facilitated discussion & audience Q&A.

5:00pm
Day 1 | Wrap Up & Close
The People Project - Janine Tabe

6:30pm - 9:00pm
Conference Networking Dinner
An evening of networking, connection, and conversation.



DAY 3 SUNDAY 13 SEPTEMBER 2026

8:20am - 8:30am

Delegate Arrival & Welcome

The People Project Tasmania - Janine Tabe

8:30am - 9:30am

Kidney Disease, Pathways Of Care

The Last 1000 Days - Prof Matthew Jose & Dr Kim Jose

Explore care pathways for renal failure, including transplantation, dialysis, and supportive care options for older adults.

9:30am - 10:00am

Advanced Care Directives

Prof Jan Radford

Explore advance care directives, realistic treatment outcomes, and practical tips for meaningful conversations and effective documentation.

10:00am - 10:30am

Death Certificates and 75+ Health Assessments.

Dr Paul Hanson

Understanding the requirements and best practices for completing death certificates and 75+ assessments accurately and confidently.

10:30am - 10:45am

Morning Tea

10:45am - 11:45am

Promoting Oral Health in Older People.

Dr Helen McInnes - Specialist in Special Needs Dentistry

Exploring practical strategies to support oral health and improve overall wellbeing in older adults.

11:45am - 12:15pm

Eating Well with Parkinson’s Disease: What Matters Most

Monica Stagg - Dietitian

Understanding the role of nutrition in supporting health and healthy ageing.

12:15pm - 12:45pm

The Role of Occupational Therapy & Physiotherapy Across Aged Care

Sarah-Louise Higgins and Louise Condon

Explore how occupational therapists and physiotherapists work together to support independence, mobility and quality of life across aged care.



DAY 3 SUNDAY 13 SEPTEMBER 2026 (CONT.)

12:45pm - 1:10pm

Panel Discussion - Q&A

Join this morning's presenters for a facilitated discussion & audience Q&A.

1:10pm - 1:20pm

Day 2 | Wrap Up, Thank You & Close

The People Project - Janine Tabe

1:20pm - 2:00pm

Lunch

Enjoy lunch before your journey home, with takeaway options available.